

# Thromboxane A<sub>2</sub> Synthase Inhibition and Thromboxane A<sub>2</sub> Receptor Blockade by 2-[(4-Cyanophenyl)amino]-3-chloro-1,4-naphthalenedione (NQ-Y15) in Rat Platelets

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ABSTRACT. The effects of 2-[(4-acetylphenyl)amino]-3-chloro-1,4-naphthalenedione (NQ-Y15), a synthetic 1,4-naphthoquinone derivative, on platelet activity and its mechanism of action were investigated. NQ-Y15 caused a concentration-dependent inhibition of the aggregation induced by thrombin, collagen, arachidonic acid (AA), and A23187. The IC50 values of NQ-Y15 on thrombin (0.1 U/mL)-, collagen (10  $\mu$ g/mL)-, AA (50  $\mu$ M)-, and A23187 (2  $\mu$ M)-induced aggregation were 36.2  $\pm$  1.5, 6.7  $\pm$  0.7, 35.4  $\pm$  1.7, and 93.1  $\pm$  1.4  $\mu$ M, respectively. NQ-Y15 also inhibited thrombin-, collagen-, AA-, and A23187-stimulated serotonin secretion in a concentration-dependent manner. However, a high concentration (100 µM) of NQ-Y15 showed no significant inhibitory effect on ADP-induced primary aggregation, which is independent of thromboxane  $A_2$  (TX $A_2$ ) production in rat platelets. In fura-2-loaded platelets, the elevation of intracellular free calcium concentration stimulated by AA, thrombin, and 4-bromo-A23187 was inhibited by NQ-Y15 in a concentration-dependent manner. The formation of TXA2 caused by AA, thrombin, and collagen was inhibited significantly by NQ-Y15. NQ-Y15 inhibited TXA2 synthase in intact rat platelets, since this agent reduced the conversion of prostaglandin (PG) H2 to TXA2. Similarly, NQ-Y15 selectively inhibited the TXA2 synthase activity in human platelet microsomes, whereas it had no effect on activity of phospholipase A2, cyclooxygenase, and PGI<sub>2</sub> synthase in vitro. NQ-Y15 inhibited platelet aggregation induced by the endoperoxide analogue U46619 in human platelets, indicating TXA2 receptor antagonism, possibly of a competitive nature. These results suggest that the antiplatelet effect of NQ-Y15 is due to a combination of TXA2 synthase inhibition with TXA2 receptor blockade, and that it may be useful as an antithrombotic agent. BIOCHEM PHARMACOL 54;2: 259-268, 1997. © 1997 Elsevier Science Inc.

**KEY WORDS.** 1,4-naphthalenedione derivative; platelet; aggregation; secretion; thromboxane  $A_2$  synthase; thromboxane  $A_2$  receptor

Platelet—vessel wall interactions represent important factors in the development of thrombosis and atherosclerosis [1, 2]. When blood vessels are damaged, platelet aggregation occurs rapidly to form hemostatic plugs or arterial thrombi at sites of vessel injury or in regions where blood flow is disturbed. These thrombi are the source of thromboembolic complications of atherosclerosis, heart attacks, strokes, and

peripheral vascular disease. Platelet adhesion to subendothelial components, such as collagen, activates signalling pathways that lead to TXA<sub>2</sub> formation and secretion of platelet granule contents. Both substances cause platelet aggregation [3]. The morphological evidence that arterial thrombi are largely composed of platelet aggregates has led many investigators to postulate that platelet aggregation is a major pathogenic mechanism in arterial thrombosis [4]. Thus, inhibition of platelet function represents a promising approach for the prevention of thrombosis.

AA<sup>||</sup> is a membrane-derived fatty acid that is metabolized by COX to PG endoperoxide intermediates, such as PGH<sub>2</sub>. In platelets, endoperoxides are further metabolized to TXA<sub>2</sub> by TXA<sub>2</sub> synthase. TXA<sub>2</sub> is a potent inducer of platelet aggregation and a vasoconstrictor [5]. Levels of this mediator are increased in several thrombotic disorders [6]. Therefore, agents that inhibit the formation or the action

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<sup>&</sup>lt;sup>II</sup> Abbreviations: A23187, 6S-(6α,8β,9β,11α)-5-(methylamino)-2-((3,9,11-trimethyl-8-(1-methyl-2-oxo-2-(1.4-pyrrol-2-yl)ethyl)-1,7-dioxaspiro(5,5) undec-2-yl)methyl)-4-benzooxazo ecarboxylic acid; AA, arachidonic acid; [Ca<sup>2+</sup>], intracellular free calcium concentration; COX, cyclooxygenase; 15-HPETE, 15(S)-hydroperoxyeicosa-5Z,8Z,11Z,13E-tetraenoic acid; NQ-Y15, 2-[(4-cyanophenyl)amino]-3-chloro-1,4-naphthalenedione; PG, prostaglandin; PL, phospholipase; RIA, radioimmunoassay; TX, thromboxane; and U46619, 9,11-dioxy-9α,11α-epoxymethanoprostaglandin H<sub>2</sub>-Received 24 September 1996; accepted 14 February 1997.

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FIG. 1. Chemical structure of NQ-Y15.

of TXA<sub>2</sub> would be potentially useful in the treatment of thrombotic disorders.

In spite of the inhibitory effect of aspirin on platelet COX, the simultaneous inhibition of endothelial COX limits its antithrombotic activity, since it would also inhibit the endothelial production of PGI<sub>2</sub>, a powerful antiaggregatory and vasodilatory substance [7].

TXA2 synthase inhibitors, in addition to selective suppression of TXA<sub>2</sub> formation, cause a redirection of PG endoperoxide metabolism toward antiaggregatory PGs, such as PGD<sub>2</sub> and PGI<sub>2</sub> [8]. However, a limit to this class of drugs is represented by the fact that PGH2, which accumulates after TXA2 synthase inhibition, is itself a potent platelet stimulus [8, 9]. Thus, it has been suggested that the combination of TXA2 synthase inhibitors with TXA<sub>2</sub>/PGH<sub>2</sub> receptor antagonists, which block the action of both TXA2 and PGH2, may provide an antiplatelet regimen superior to those previously available [10-12]. Drugs such as picotamide [13] and ridogrel (R68070) [14], which combine TXA2 synthase-inhibitory and TXA2 receptor-blocking activities in a single molecule, have been described. It was reported that these dual TXA2 synthase inhibitors/receptor antagonists have inhibitory effects on platelets in vitro [13-16] and clinical efficacy in patients with thrombotic disorders [17–22].

In this paper, we found NQ-Y15 (Fig. 1), a synthetic 1,4-naphthoquinone derivative, to possess antiplatelet activity *in vitro* and further investigated that the antiplatelet effect of this compound is due to the combination of  $TXA_2$  synthase inhibition with  $TXA_2/PGH_2$  receptor blockade in a single molecule.

# MATERIALS AND METHODS Materials

NQ-Y15 was synthesized and characterized as described previously [23]. It was dissolved in DMSO so that the final DMSO concentration in reaction mixtures never exceeded 0.5% (v/v). 5-Hydroxy[14C]tryptamine creatinine sulfate (57 mCi/mmol), 1-acyl-2-[1-14C]arachidonyl-GPE (where GPE is sn-glycero-3-phosphoethanolamine) (55 mCi/mmol), and a TXB<sub>2</sub> RIA kit were obtained from Amersham (Little Chalfont, Buckinghamshire, England). Thrombin, AA, A23187, 4-bromo-A23187, U46619, BSA, indomethacin, imidazole, acetylsalicylic acid (aspirin), DMSO, EDTA, EGTA, and fura 2/AM were purchased from the

Sigma Chemical Co. (St. Louis, MO, U.S.A.). Collagen and ADP were obtained from the Chrono-Log Co. (Havertown, PA, U.S.A.). PGH<sub>2</sub> was purchased from the Cayman Chemical Co. (Ann Arbor, MI, U.S.A.) and benzylimidazole from the Aldrich Chemical Co. (Milwaukee, WI, U.S.A.). A TXA<sub>2</sub> synthase assay kit and a PGI<sub>2</sub> synthase assay kit were purchased from Biomol (Plymouth Meeting, PA, U.S.A.). All other reagents were of analytical grade.

#### Preparation of Platelets

Rat blood was prepared from Sprague-Dawley female rats (Laboratory Animal Center, Seoul National University, Seoul, Korea) weighing 200-250 g. Rats were anesthetized with ethyl ether, and blood anticoagulated with sodium citrate (3.8%; 1:9, v/v) was collected from the abdominal aorta. Human blood, obtained from healthy human volunteers, was purchased from the National Red Cross Blood Center (Seoul, Korea). The blood (320 mL) was anticoagulated with 44.8 mL of CPD solution (0.327 g citrate, 2.63 g sodium citrate, 0.222 g NaH<sub>2</sub>PO<sub>4</sub>, 2.90 g dextrose, and 0.0275 g adenine dissolved in 100 mL distilled water; Green Cross Pharmaceutical Co., Seoul, Korea). Rat or human blood was centrifuged at 120 g for 15 min. The supernatants were pooled and centrifuged at 600 g for 15 min at room temperature. The platelet pellets were washed with modified Tyrode-HEPES buffer (129 mM NaCl, 2.8 mM KCl, 8.9 mM NaHCO<sub>3</sub>, 0.8 mM MgCl<sub>2</sub>, 0.8 mM KH<sub>2</sub>PO<sub>4</sub>, 2 mM EGTA, 5.6 mM glucose, 10 mM HEPES, 0.35% BSA, pH 7.4) and centrifuged at 600 g for 15 min. This washing procedure was repeated twice, and then platelets were gently resuspended in Tyrode-HEPES buffer (129 mM NaCl, 2.8 mM KCl, 8.9 mM NaHCO<sub>3</sub>, 0.8 mM MgCl<sub>2</sub>, 0.8 mM KH<sub>2</sub>PO<sub>4</sub>, 1 mM CaCl<sub>2</sub>, 5.6 mM glucose, 10 mM HEPES, 0.35% BSA, pH 7.4). Platelet counts were determined using a ZM Coulter Counter (Coulter Electronics, Hialeah, FL, U.S.A.).

#### Platelet Aggregation and Serotonin Secretion Assay

Platelet aggregation studies were performed using the turbidimetric method described by Mustard et al. [24]. Aggregation was measured by a Lumi-aggregometer (model 450, Chrono-Log Co.) connected to a recorder. To investigate the antagonism of NQ-Y15 on U46619-induced aggregation of human platelets, concentration-response relationships were determined in the absence and in the presence of a range of concentrations of NQ-Y15; for these experiments, indomethacin-treated human washed platelets (50 µM indomethacin for 3 min) were used to prevent any possible contribution of endogenous AA metabolites to platelet aggregation. The secretion of platelet contents from dense granules was measured using [14C]serotoninincorporated platelets [25]. Washed platelets (8  $\times$  10<sup>8</sup>/mL) were incubated with [14C]serotonin (0.2 μCi/mL) for 30 min at 37°, washed twice more, and then resuspended in modified Tyrode's solution, pH 7.4, including imipramine

(2 μM) to prevent reuptake of [<sup>14</sup>C]serotonin. Platelets were incubated with NQ-Y15 or vehicle at 37° for 8 min. To determine [<sup>14</sup>C]serotonin secretion from the platelets, sub-aliquots (450 μL) were withdrawn 6 min after the addition of the agonist and placed in ice-cooled tubes that contained 90 μL of 630 mM formaldehyde and 50 mM EDTA. The secretion of [<sup>14</sup>C]serotonin from platelets was determined by centrifuging the samples at 12,000 g for 2 min in an Eppendorf centrifuge (model 5413) and assaying a 100-μL aliquot of the supernatant by liquid-scintillation counting. Percent [<sup>14</sup>C]serotonin secretion was determined as described by Holmsen *et al.* [26].

#### TXB<sub>2</sub> Assay

In the preliminary experiments,  $TXB_2$  production was plateaued above 10  $\mu$ M AA and 1.0 U/mL of thrombin and was elevated significantly by 10  $\mu$ g/mL of collagen. Thus, platelets were stimulated with the indicated concentrations of AA, thrombin, and collagen. EDTA (2 mM) and indomethacin (50  $\mu$ M) were added to a platelet suspension 6 min after the addition of the agonist.  $TXB_2$ , a stable metabolite of  $TXA_2$ , in the supernatants was obtained after centrifugation at 12,000 g in an Eppendorf centrifuge for 2 min and assayed by RIA.

#### Determination of Intracellular Calcium in Platelets

[Ca<sup>2+</sup>], was determined with fura-2-loaded platelets using the method described by Pollock and Rink [27]. Briefly, platelets (8  $\times$  10<sup>8</sup>/mL) were incubated with fura-2/AM (3 µM) for 45 min at 37° and then centrifuged for 15 min at 800 g; the resultant pellet was washed with EDTA (1 mM)-containing Tyrode-HEPES buffer. After centrifugation, platelets were resuspended gently at a concentration of  $2 \times 10^8$ /mL in Tyrode-HEPES buffer containing 1 mM CaCl<sub>2</sub> and were used within 1 hr. Fluorescence was measured at the emission wavelength of 505 nm with the excitation wavelength switched continuously between 340 and 380 nm using a Shimazu RF-5000 spectrofluorimeter (Shimadzu Co., Kyoto, Japan). Fluorescence was measured at 37° in a thermostatically controlled, magnetically stirred cuvette. The ratio of the fluorescence intensities at the two excitation wavelengths was used to determine [Ca<sup>2+</sup>]; [28].  $[Ca^{2+}]_i$  was calibrated by lysing the cells with 0.1% (v/v) Triton X-100 in the presence of 1 mM CaCl<sub>2</sub> or 10 mM EGTA (pH 9.0).

# Assay of PLA<sub>2</sub> Activity

Purified pig spleen cytosolic PLA<sub>2</sub> was provided by Dr. D. K. Kim (College of Pharmacy, Chung Ang University, Seoul, Korea). This enzyme was prepared and purified as described previously [29]. PLA<sub>2</sub> activity was assayed using sonicated liposomes, prepared as described by Kim *et al.* [30]. The standard PLA<sub>2</sub> assay buffer (200 μL) contained 75 mM Tris–HCl (pH 9.0), 5 mM CaCl<sub>2</sub>, 1 mg/mL fatty

acid free BSA, 0.47 nmol of 1-acyl-2-[1-14C]AA-GPE (approximately 55,000 dpm). After preincubating the test compounds with PLA<sub>2</sub> at 37° for 10 min, the reaction was allowed to continue for 30 min. Then the reaction was terminated by adding 1.25 mL of Dole's reagent (78% propan-2-ol, 20% n-heptane, and 2% 2 M aqueous H<sub>2</sub>SO<sub>4</sub>), and the liberated [14C]AA was extracted as follows: 0.55 mL of water was added and the sample was vortexed and then centrifuged at 1200 g for 5 min. Then 0.75 mL of the upper phase was transferred to a new tube that contained 100 mg of silica gel and 0.75 mL of n-heptane. The sample was vortex-mixed and centrifuged for an additional 5 min each, after which 1.4 mL of supernatant was removed for scintillation counting.

### Assay of COX Activity

Microsomes prepared from bovine seminal vesicles were used to assay for COX activity as described by Van Der Ouderaa *et al.* [31]. The COX assay was performed at 37° by monitoring oxygen consumption using an  $O_2$  electrode (Yellow Springs Instrument Co., Yellow Springs, OH, U.S.A.). Reactions were initiated by the addition of microsomes (75  $\mu$ g/mL) to a reaction mixture that was composed of 1 mL of 0.2 M sodium phosphate buffer, pH 7.4, 10  $\mu$ M hemin, 160  $\mu$ g hydroquinone, 300  $\mu$ g AA, and 20  $\mu$ L of either NQ-Y15 or indomethacin.

# Assay of TXA2 Synthase Activity in Intact Platelets

Aliquots of  $PGH_2$ , in anhydrous acetone, were pipetted into glass tubes. The acetone was evaporated under a gentle stream of nitrogen, and  $PGH_2$  was redissolved immediately in ethanol. Platelet suspensions were incubated with the test compounds at 37° for 8 min prior to the addition of 2  $\mu$ g/mL  $PGH_2$ . The final concentration of ethanol was 0.1% (v/v). At 7 min after the addition of  $PGH_2$ , the incubations were terminated by cooling and centrifugation at 12,000 g for 1 min at 4°.  $TXB_2$  in the supernatants was determined by RIA.  $TXA_2$  synthase activity is reflected by the production of  $TXB_2$ .

# Assay of TXA<sub>2</sub> Synthase Activity Using Human Platelet Microsomes

The effect of NQ-Y15 on TXA2 synthase activity was determined using a TXA2 synthase assay kit. In brief, human microsomal solutions (0.2 mg/mL, 200  $\mu$ L) were incubated with DMSO (0.1%, v/v), imidazole (0.5 mmol/20  $\mu$ L), or various concentrations of NQ-Y15 (20  $\mu$ L) at 25° for 8 min with shaking. Following this, PGH2 (20 ng/4  $\mu$ L) was added, and the mixture was incubated for an additional 3 min. FeCl2 (25 mM, 20  $\mu$ L) was then added to terminate the reaction, and the reaction mixture was allowed to stand at room temperature for 15 min. After centrifugation at 3000 g for 10 min at 4°, TXB2 in the

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supernatant was assayed by RIA. TXA<sub>2</sub> synthase activity is reflected by the production of TXB<sub>2</sub>.

## Assay of PGI<sub>2</sub> Synthase Activity

The effect of NQ-Y15 on PGI $_2$  synthase activity was determined using a PGI $_2$  synthase assay kit. In brief, bovine aortic microsomes (0.14 mg/mL, 200  $\mu$ L) were incubated with DMSO (0.1%, v/v), 15-HPETE (80 ng/2  $\mu$ L), or various concentrations of NQ-Y15 (10  $\mu$ L) at 25° for 8 min with shaking. Following this, PGH $_2$  (20 ng/4  $\mu$ L) was added, and the mixture was incubated for an additional 3 min. Then FeCl $_2$  (25 mM, 20  $\mu$ L) was added to terminate the reaction, and the reaction mixture was allowed to stand at room temperature for 15 min. After centrifugation at 3000 g for 10 min at 4°, 6-keto-PGF $_{1\alpha}$  in the supernatant was assayed by RIA. PGI $_2$  synthase activity is reflected by the production of 6-keto-PGF $_{1\alpha}$ .

#### Protein Content

For each experiment, the protein content was determined using a Bio-Rad protein® assay (Bio-Rad Laboratories, Hercules, CA, U.S.A.).

#### Statistical Analysis

Results are expressed as means  $\pm$  SEM. Statistical significance (P < 0.05 or P < 0.01) was assessed using Student's *t*-test.

## **RESULTS**

# Effects of NQ-Y15 on the Aggregation and Serotonin Secretion of Washed Rat Platelets

Thrombin (0.1 U/mL), collagen (10  $\mu$ g/mL), AA (50  $\mu$ M), A23187 (2  $\mu$ M), and ADP (15  $\mu$ M) caused 75–90% aggregation of washed rat platelets. NQ-Y15 caused a concentration-dependent inhibition of the aggregation induced by thrombin, collagen, AA, and A23187. However, a high concentration (100  $\mu$ M) of NQ-Y15 did not show a significant inhibitory effect on ADP-induced primary aggregation. The 1C50 values of NQ-Y15 on thrombin-, collagen-, AA-, and A23187-induced aggregation were 36.2  $\pm$  1.5, 6.7  $\pm$  0.7, 35.4  $\pm$  1.7, and 93.1  $\pm$  1.4  $\mu$ M, respectively (Fig. 2). NQ-Y15 also inhibited thrombin-, collagen-, AA-, and A23187-stimulated serotonin secretion in a concentration-dependent manner (Fig. 3).

Aspirin (100  $\mu$ M), indomethacin (20  $\mu$ M), or imidazole (1 mM) did not cause any significant alteration of ADP-induced primary aggregation. When a concentration of 1 mM was used, imidazole had no effect on AA- and collagen-induced aggregation. Aspirin (100  $\mu$ M) significantly inhibited AA- and collagen-induced aggregation (61.8 and 43.6% inhibition, N = 4, respectively).

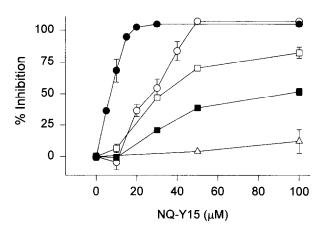


FIG. 2. Effects of NQ-Y15 on the thrombin-, collagen-, AA-, A23187-, or ADP-induced aggregation of washed platelets. Platelets were incubated with NQ-Y15 or vehicle at 37° for 8 min; thrombin (0.1 U/mL,  $\bigcirc$ ), collagen (10 µg/mL,  $\bigcirc$ ), AA (50 µM,  $\square$ ), A23187 (2 µM,  $\blacksquare$ ), or ADP (15 µM,  $\triangle$ ) was then added to trigger aggregation. The peak level of aggregation was measured 6 min after the addition of stimulator. Percent inhibitions produced by NQ-Y15 were calculated from the reduction of the maximal level of the aggregation tracings in relation to the values obtained in the absence of NQ-Y15. The maximal levels of aggregation were 105–126 mm on the recorded paper. Each data point is expressed as the mean  $\pm$  SEM (N = 4).

# Effects of NQ-Y15 on Platelet TXB2 Formation

The TXB<sub>2</sub> level of resting platelets was less than 0.5 ng/3  $\times$  10<sup>8</sup> platelets. AA (10  $\mu$ M), thrombin (1.0 U/mL), and collagen (10  $\mu$ g/mL) caused a significant elevation of TXB<sub>2</sub> formation. NQ-Y15 significantly inhibited AA-, thrombin-, and collagen-induced TXB<sub>2</sub> formation. Aspirin (100  $\mu$ M) and imidazole (1 mM) significantly inhibited AA-induced TXB<sub>2</sub> formation although they did not suppress it completely (Table 1). At the concentrations used, it

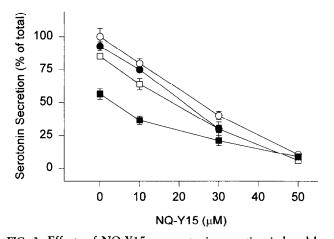


FIG. 3. Effects of NQ-Y15 on serotonin secretion induced by thrombin, collagen, AA, or A23187. Washed platelets were labeled with  $[^{14}C]$ serotonin and incubated with NQ-Y15 for 8 min prior to the addition of thrombin (0.1 U/mL,  $\bigcirc$ ), collagen (10  $\mu$ g/mL,  $\bigcirc$ ), AA (50  $\mu$ M,  $\square$ ), or A23187 (2  $\mu$ M,  $\blacksquare$ ). Serotonin secretion was terminated 6 min after the addition of stimulator. The mean value of total radioactivity of  $[^{14}C]$ serotonin was 4469 cpm. Each data point is expressed as the mean  $\pm$  SEM (N = 6).

	Thromboxane $B_2$ (ng/3 × 10 <sup>8</sup> platelets)		
	Arachidonic acid (10 μM)	Thrombin (1.0 U/mL)	Collagen (10 µg/mL)
Control	65.94 ± 6.24	$174.34 \pm 28.26$	98.44 ± 11.52
NO-Y15, 10 μM	$73.55 \pm 13.11$	$104.31 \pm 6.85*$	$78.33 \pm 11.85$
30 uM	$55.30 \pm 4.97$	$95.57 \pm 11.83*$	$15.30 \pm 2.84 \dagger$
50 µM	$34.52 \pm 3.90 \dagger$	$73.78 \pm 3.33 \dagger$	$8.50 \pm 1.81 \dagger$
Aspirin, 100 µM	$36.76 \pm 3.57 \dagger$		
Imidazole, 1 mM	$38.16 \pm 8.52 \dagger$		

TABLE 1. Effects of NQ-Y15 on thromboxane B<sub>2</sub> formation in washed rat platelets caused by AA, thrombin, and collagen

DMSO (0.1%, control), imidazole, or NQ-Y15 was preincubated with platelets at 37° for 8 min, while aspirin was preincubated for 30 min; then the inducer was added. TXB<sub>2</sub> formation was terminated by EDTA (2 mM) and indomethacin (50  $\mu$ M) 6 min after the addition of inducer. Values are means  $\pm$  SEM (N = 6).

appeared that aspirin and imidazole did not inhibit the activity of COX and TXA<sub>2</sub> synthase completely in rat platelets. Similar results were observed in other studies [32, 33].

# Effects of NQ-Y15 on [Ca2+], Elevation of Platelets

In fura-2-loaded platelets, AA (50  $\mu$ M) and 4-bromo-A23187 (2  $\mu$ M), a nonfluorescent Ca<sup>2+</sup> ionophore, caused a rapid rise in [Ca<sup>2+</sup>]<sub>i</sub> of platelets. Since 0.1 U/mL of thrombin did not produce an easily measurable increase of [Ca<sup>2+</sup>]<sub>i</sub> 1 min after stimulation, 0.3 U/mL of thrombin had to be used. Pretreatment of platelets with NQ-Y15 (30  $\mu$ M) for 8 min prior to the addition of stimulators markedly inhibited the rise in [Ca<sup>2+</sup>]<sub>i</sub> (Fig. 4).

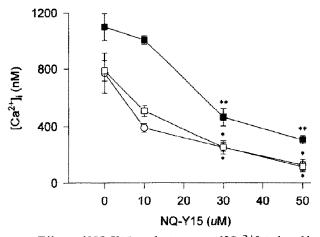


FIG. 4. Effects of NQ-Y15 on the increase of  $[Ca^{2+}]_i$  induced by AA, thrombin, or 4-bromo-A23187 in fura-2-loaded platelets. Fura-2-loaded platelets were suspended in a buffer containing 1 mM CaCl<sub>2</sub>, and the change in  $[Ca^{2+}]_i$  was monitored continuously. Platelets were preincubated with DMSO (0.1%) or NQ-Y15 at 37° for 8 min; then AA (50  $\mu$ M,  $\square$ ), thrombin (0.3 U/mL,  $\bigcirc$ ), or 4-bromo-A23187 (2  $\mu$ M,  $\blacksquare$ ) was added. The value of  $[Ca^{2+}]_i$  was calculated at 1 min after the addition of stimulator. Each data point is expressed as the mean  $\pm$  SEM (N = 4). Key: (\*) P < 0.05, and (\*\*) P < 0.01 as compared with the control.

## Effect of NQ-Y15 on PLA<sub>2</sub> Activity

The effect of NQ-Y15 on PLA<sub>2</sub> activity, a rate-limiting step of TXA<sub>2</sub> production, was examined in purified 100 kDa cytosolic PLA<sub>2</sub> from pig spleen. *p*-Bromophenacylbromide, a direct inhibitor of PLA<sub>2</sub> through covalent binding, inhibited the hydrolysis of 2-[ $^{14}$ C]AA-GPE, by approximately 62% at 50  $\mu$ M (Table 2). However, NQ-Y15 had no effect on PLA<sub>2</sub> activity at the concentration at which it inhibited TXB<sub>2</sub> formation in stimulated platelets.

## Effects of NQ-Y15 on COX Activity

COX activity was measured by monitoring oxygen consumption. After incubation of bovine vesicular gland microsomes with AA (75  $\mu$ g) at 37° for 3 min, the maximal activities in the absence of inhibitor (100%) for COX was 36  $\mu$ mol O<sub>2</sub>/min/mg protein. Indomethacin (8.3  $\mu$ M) significantly inhibited this oxygen consumption. However, NQ-Y15 had no effect on COX activity (Table 3).

TABLE 2. Effect of NQ-Y15 on the activity of 100 kDa PLA<sub>2</sub> from porcine spleen

		PLA <sub>2</sub> activity (% of control)
Control		$100.0 \pm 3.1$
NQ-Y15,	10 μΜ	$111.1 \pm 3.0$
•	30 μM	$108.8 \pm 1.4$
	50 μM	$105.6 \pm 0.7$
p-Bromophenacylbromide, 50 μM		$31.3 \pm 2.3*$

DMSO (0.1%, control), NQ-Y15, and p-bromophenacylbromide were tested for their ability to affect PLA2 activity. The standard assay buffer (200  $\mu$ L) contained 75 mM Tris–HCl (pH 9.0), 5 mM CaCl2, 1 mg/mL BSA, 0.72 nmol of 1-acyl-2-[1]-14C]AA-GPE, 20  $\mu$ g of pig spleen PLA2, and 4  $\mu$ L of NQ-Y15 or p-bromophenacylbromide. After preincubating the test compounds with PLA2 at 37° for 10 min, the reaction was allowed to continue for 30 min. The reaction was terminated by adding 1.25 mL of Dole's reagent. The liberated [14C]AA was extracted and measured as described in Materials and Methods. The control activity in the experiment was 0.656 nmol/min/mg protein. Values are means  $\pm$  SEM (N = 4).

<sup>\*,†</sup> Significantly different from the control: \*P < 0.05, and †P < 0.01.

<sup>\*</sup> P < 0.01, as compared with control.

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TABLE 3. Effect of NQ-Y15 on COX activity

		COX activity (% of control)
Control		$100.0 \pm 5.2$
NQ-Y15,	10 μΜ	$100.9 \pm 3.5$
	30 μM	$115.4 \pm 16.2$
	50 μM	$106.0 \pm 17.5$
100 µM		$106.4 \pm 7.8$
Indomethacin, 8.3 μM		$50.4 \pm 8.1*$

Microsomes, prepared from bovine seminal vesicles, were used to assay for COX activity. The COX assay was performed at 37° by monitoring oxygen consumption, using an  $O_2$  electrode. Reactions were initiated by the addition of enzyme (75  $\mu$ g/mL) to a reaction mixture that was composed of 1 mL of 0.2 M sodium phosphate buffer, pH 7.4, 10  $\mu$ M hemin, 160  $\mu$ g of hydroquinone, 300  $\mu$ g of AA, and 20  $\mu$ L of either NQ-Y15 or indomethacin. The maximal activity in the absence of inhibitor (100%) for COX was 36  $\mu$ mol of  $O_2$ /min/mg protein. Values are means  $\pm$  SEM (N = 4). \* P < 0.01, as compared with control (DMSO, 0.1%).

# Effect of NQ-Y15 on TXA2 Synthase Activity

The conversion of AA to TXA<sub>2</sub> in platelets requires the action of two enzymes, COX and TXA2 synthase. TXA2 synthase catalyzes the conversion of  $PGH_2$  to  $TXA_2$  in platelets. By utilizing PGH<sub>2</sub>, it is possible to circumvent the COX step during AA metabolism. The addition of increasing concentrations of PGH2 to washed rat platelet suspensions produced a concentration-dependent increase of TXB<sub>2</sub> (data not shown). Thus, washed rat platelet suspensions containing PGH<sub>2</sub> are adequate for the direct evaluation of the TXA2 synthase inhibitor. In washed rat platelet suspensions, the level of TXB2 in unstimulated platelets was  $0.695 \pm 0.03 \text{ ng/3} \times 10^8 \text{ platelets}$ . After incubation of washed platelet suspensions with  $PGH_2$  (2  $\mu g/mL$ ) at 37° for 7 min, TXB<sub>2</sub> formation was  $68.47 \pm 0.61$  ng/3  $\times 10^8$ platelets. Both NQ-Y15 and benzylimidazole, a typical TXA<sub>2</sub> synthase inhibitor, significantly inhibited the conversion of PGH<sub>2</sub> into TXB<sub>2</sub> in washed platelets (Fig. 5). To determine if NQ-Y15 is capable of directly inhibiting TXA<sub>2</sub> synthase, its activity was assayed using a TXA2 synthase assay kit. When human platelet microsomes were incubated with PGH<sub>2</sub>, the specific TXA<sub>2</sub> synthase activity was calculated to be 47.03  $\pm$  2.14 ng of TXB<sub>2</sub>/min/mg protein. The conversion of PGH2 to TXA2 by human platelet microsomes was inhibited by imidazole. Preincubation of microsomes with NQ-Y15 significantly diminished the yield of TXA<sub>2</sub> in a concentration-dependent manner (Fig. 6).

#### Effect of NQ-Y15 on PGI<sub>2</sub> Synthase Activity

To determine if NQ-Y15 selectively inhibited TXA<sub>2</sub> synthase activity, PGI<sub>2</sub> synthase activity was assayed using a PGI<sub>2</sub> synthase assay kit. When bovine aortic microsomes were incubated with PGH<sub>2</sub>, the specific PGI<sub>2</sub> synthase activity was calculated to be 61.71  $\pm$  2.55 ng of 6-keto-PGF<sub>1 $\alpha$ </sub>/min/mg protein. The conversion of PGH<sub>2</sub> to PGI<sub>2</sub> by bovine aortic microsomes was inhibited by 15-HPETE, an inhibitor of PGI<sub>2</sub> synthase. However, NQ-Y15 showed no influence on PGI<sub>2</sub> synthase activity (Table 4).

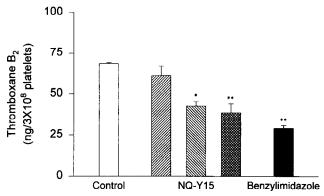


FIG. 5. Inhibitory effect of NQ-Y15 on thromboxane synthase activity in intact platelets. Platelet suspensions containing DMSO (0.1%,  $\square$ ), NQ-Y15 (10  $\mu$ M,  $\boxtimes$ ; 30  $\mu$ M,  $\boxtimes$ ; 50  $\mu$ M,  $\boxtimes$ ), or benzylimidazole (1 mM,  $\blacksquare$ ) were incubated at 37° for 8 min, and then 2  $\mu$ g/mL of PGH<sub>2</sub> was added. At 7 min after the addition of PGH<sub>2</sub>, the incubations were terminated by cooling and centrifugation at 12,000 g for 1 min at 4°. TXB<sub>2</sub> in the supernatants was determined by radioimmunoassay. Thromboxane synthase activity is reflected by the production of TXB<sub>2</sub>, which is presented as means  $\pm$  SEM (N = 6). Key: (\*) P < 0.05, and (\*\*) P < 0.01 as compared with the control.

# Effects of NQ-Y15 on the Aggregation in Human Washed Platelets Induced by U46619

U46619, a stable TXA<sub>2</sub> mimetic, did not induce aggregation of rat platelets even at 10  $\mu$ M. However, when U46619 (0.1  $\mu$ M) was added to rat platelets that had been stimulated previously with collagen (40  $\mu$ g/mL) in the presence of indomethacin (50  $\mu$ M), aggregation was in-

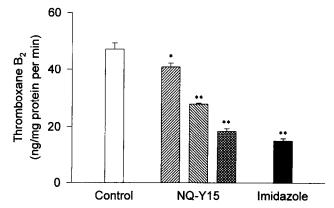


FIG. 6. Inhibitory effect of NQ-Y15 on thromboxane synthase activity in human platelet microsomes. Human microsomal solutions (0.2 mg/mL, 200  $\mu$ L) were incubated with DMSO (0.1%,  $\square$ ), NQ-Y15 (10  $\mu$ M,  $\boxtimes$ ; 30  $\mu$ M,  $\boxtimes$ ; 50  $\mu$ M,  $\boxtimes$ ), or imidazole (0.5 mmol/20  $\mu$ L,  $\blacksquare$ ) at 25° for 8 min with shaking. Following this, PGH<sub>2</sub> (20 ng/4  $\mu$ L) was added and the mixture was incubated for an additional 3 min. Then FeCl<sub>2</sub> (25 mM, 20  $\mu$ L) was added to terminate the reaction, and the reaction mixture was allowed to stand at room temperature for 15 min. After centrifugation at 3000 g for 10 min at 4°, TXB<sub>2</sub> in the supernatant was assayed by radioimmunoassay. TXA<sub>2</sub> synthase activity is reflected by TXB<sub>2</sub> production (ng/mg protein per min), which is presented as means  $\pm$  SEM (N = 6). Key: (\*) P < 0.05, and (\*\*) P < 0.01 as compared with the vehicle control.

TABLE 4. Effect of NQ-Y15 on PGI<sub>2</sub> synthase activity in bovine aortic microsomes

		PGI <sub>2</sub> synthase activity (% of control)
Control		$100.0 \pm 7.8$
NQ-Y15,	30 μM	$95.8 \pm 3.9$
	50 μM	$100.4 \pm 4.1$
	100 μΜ	$106.4 \pm 4.4$
15-HPETE,		$47.3 \pm 4.0*$

Bovine aortic microsomes (0.14 mg/mL, 200  $\mu$ L), were incubated with DMSO (0.1%, v/v), 15-HPETE (80 ng/2  $\mu$ L), or various concentrations of NQ-Y15 (10  $\mu$ L) at 25° for 8 min with shaking. Following this, PGH<sub>2</sub> (20 ng/4  $\mu$ L) was added, and the mixture was incubated for an additional 3 min. FeCl<sub>2</sub> (25 mM, 20  $\mu$ L) was then added to terminate the reaction, and the reaction mixture was allowed to stand at room temperature for 15 min. After centrifugation at 3000 g for 10 min at 4°, 6-keto-PGF<sub>1 $\alpha$ </sub> in the supernatant was assayed by RIA. PGI<sub>2</sub> synthase activity is reflected by the production of 6-keto-PGF<sub>1 $\alpha$ </sub>. The maximal activity in the absence of inhibitor (100%) for PGI<sub>2</sub> synthase was 61.71  $\pm$  2.55 ng of 6-keto-PGF<sub>1 $\alpha$ </sub>/min/mg protein. Values are means  $\pm$  SEM (N = 6).

duced about 1 min after the occurrence of shape change (data not shown). A similar response was observed by Hanasaki et al. [34]. Since rat platelets were not proper to study the direct effect on U46619-induced aggregation, we carried out this experiment using human washed platelets. When preincubated for 8 min with human washed platelets, NQ-Y15 reduced, in a concentration-dependent manner, platelet aggregation elicited by various concentrations of U46619 under COX blockade with indomethacin. At concentrations between 10 and 50 µM, NQ-Y15 produced a shift to the right of the concentration-effect curve of U46619, suggesting a competitive type of antagonism. Similarly, the IC50 values of NQ-Y15 for inhibition of the maximal extent of platelet aggregation induced by U46619 increased with augmenting concentrations of agonist (Fig. 7).

#### DISCUSSION

The present study shows that NQ-Y15 functions as an inhibitor of platelet aggregation and serotonin secretion induced by a variety of inducers. Its mechanisms of action appear to involve the combination of TXA<sub>2</sub> synthase inhibition with TXA<sub>2</sub>/PGH<sub>2</sub> receptor blockade in a single molecule.

In the present study, NQ-Y15 was found to be an effective inhibitor against thrombin-, collagen-, and A23187-induced platelet aggregation and serotonin secretion (Figs. 2 and 3). However, a high concentration (100 µM) of NQ-Y15 failed to inhibit ADP-induced aggregation significantly (Fig. 2). In rat platelets, ADP induces only primary aggregation, which is independent of the production of TXA<sub>2</sub> [35, 36]. We observed that the primary aggregation induced by ADP was not inhibited by indomethacin or imidazole in rat platelets (data not shown). In addition, the formation of TXA<sub>2</sub> caused by thrombin and collagen was inhibited significantly by NQ-Y15 (Table 1)

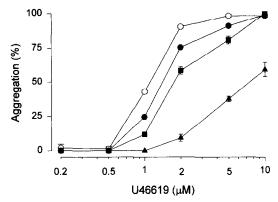


FIG. 7. Effects of NQ-Y15 on the aggregation in human platelets induced by U46619. Indomethacin-treated human washed platelets (50  $\mu$ M indomethacin for 3 min) were used to prevent any possible contribution of endogenous AA metabolites to platelet aggregation. Human washed platelets were incubated with NQ-Y15 (10  $\mu$ M,  $\bullet$ ; 30  $\mu$ M,  $\blacksquare$ ; 50  $\mu$ M,  $\blacktriangle$ ) or DMSO 0.1%,  $\bigcirc$ ) at 37° for 8 min; then U46619 was added to trigger aggregation. The peak level of aggregation was measured 6 min after the addition of stimulator. The percent aggregation was calculated assuming the maximal value of the control (absence of inhibitor) produced by U46619 (10  $\mu$ M) to be 100%. The maximal level of aggregation was 69 mm. Each data point is expressed as the mean  $\pm$  SEM (N = 4).

at concentrations that inhibit platelet aggregation and serotonin secretion. These results suggest that the anti-platelet effect of NQ-Y15 is due, in part, to the inhibition of  $TXA_2$  formation and/or action.  $TXA_2$  is a powerful platelet agonist, and its formation by stimulated platelets represents an important amplifying signal for platelet activation [37].  $TXA_2$  exerts its effects on platelets by binding to a specific receptor [38] and causing PLC activation, an increase in  $[Ca^{2+}]_i$ , and protein kinase C activation [39, 40].

It is well known that TXA2 is produced from AA that is cleaved from the sn-2-position of phospholipids through the action of PLA2 in stimulated platelets. In numerous previous studies, it has been shown that platelet aggregation is inhibited by a variety of PLA<sub>2</sub> inhibitors [41–43]. Since the intracellular concentration of free AA is low, the release of AA is thought to be the rate-limiting step in the formation of PGs and the other eicosanoids, including TXA<sub>2</sub> in platelets [44]. Blood platelets contain both secretory PLA<sub>2</sub> and cytosolic PLA<sub>2</sub> [45], which are distinctly different enzymes, having molecular masses of 14 and 85 kDa, respectively. The characteristics of cytosolic PLA<sub>2</sub> [30, 46, 47], such as a requirement for micromolar concentrations of Ca<sup>2+</sup> for activity, a cytosolic localization, and a specificity for phospholipids containing AA in the sn-2 position, are compatible with a role in AA liberation. On the other hand, secretory PLA<sub>2</sub> appears not to be involved in AA liberation during platelet activation [45]. Thus, we examined the effects of NQ-Y15 on PLA<sub>2</sub> activity using purified 100 kDa cytosolic PLA<sub>2</sub> from pig spleen. The cytosolic PLA<sub>2</sub> enzymes from pig spleen are biochemically and immunochemically indistinguishable from those of bovine platelets by a number of criteria [29]. NQ-Y15 had

<sup>\*</sup> P < 0.01, as compared with control (DMSO, 0.1%).

no effect on PLA<sub>2</sub> activity in the range of concentrations that inhibited the TXA<sub>2</sub> production of stimulated platelets (Table 2). We also found that NQ-Y15 inhibited, in a concentration-dependent manner, platelet aggregation, serotonin secretion, TXA<sub>2</sub> formation, and a rise in [Ca<sup>2+</sup>], caused by AA. The aggregation, serotonin secretion, and rise of [Ca<sup>2+</sup>]<sub>i</sub> in platelets induced by exogenous AA are due to TXA<sub>2</sub> formation [39, 40]. In platelets, AA is further metabolized to TXA2 in two enzymatic steps including PGH synthase and TXA<sub>2</sub> synthase. PGH synthase exhibits both COX activity, catalyzing PGG<sub>2</sub> formation from AA, and peroxidase activity, which reduces the 15-hydroperoxyl group of PGG<sub>2</sub> to PGH<sub>2</sub> [31, 48]. Nonsteroidal antiinflammatory drugs, such as aspirin and indomethacin, inhibit COX activity without affecting peroxidase activity, and the COX activity of PGH synthase is the target site of aspirin and related nonsteroidal anti-inflammatory drugs [49]. Considering the fact that AA-induced aggregation is inhibited by COX-inhibiting agents such as epoxyeicosatrienoic acids, miconazole, and girinimbine [50-52], we investigated the effect of NQ-Y15 on COX activity. When COX activity was assayed by measuring oxygen consumption after bovine vesicular gland microsomes were treated with AA, NQ-Y15 was found to have no effect on COX activity (Table 3). These findings suggest that the antiplatelet effects of NQ-Y15 are due, in part, to the inhibition of TXA<sub>2</sub> formation through inhibitory actions at an enzymatic step lower than COX.

The conversion of PGH<sub>2</sub> to TXA<sub>2</sub> is catalyzed by TXA<sub>2</sub> synthase in platelets. In platelet suspensions incubated with PGH<sub>2</sub>, NQ-Y15 reduced the formation of TXA<sub>2</sub> (Fig. 5). Similarly, NQ-Y15 inhibited the conversion of PGH<sub>2</sub> into TXA<sub>2</sub> by human platelet microsomes (Fig. 6). These results imply that NQ-Y15 is capable of directly inhibiting TXA<sub>2</sub> synthase activity in platelets. PGI<sub>2</sub> synthase catalyzes the formation of PGI<sub>2</sub> from PGH<sub>2</sub> in endothelial cells. Thus, PGH<sub>2</sub> is the common substrate to TXA<sub>2</sub> synthase and PGI<sub>2</sub> synthase. We assayed PGI<sub>2</sub> synthase activity to elucidate whether NQ-Y15 selectively inhibits the conversion of PGH<sub>2</sub> by TXA<sub>2</sub> synthase without that by PGI<sub>2</sub> synthase. NQ-Y15 had no influence on the PGI<sub>2</sub> synthase activity in bovine aortic microsomes (Table 4). The above results prove that NQ-Y15 selectively inhibits TXA2 synthase without influence on PLA<sub>2</sub>, COX, or PGI<sub>2</sub> synthase *in vitro*.

In addition to inhibition of TXA<sub>2</sub> synthase, NQ-Y15 specifically blocked platelet receptors for TXA<sub>2</sub>/PGH<sub>2</sub>. Indeed, this compound completely inhibited platelet aggregation induced by the stable TXA<sub>2</sub> analogue U46619 in human platelets by shifting, in a parallel way, the concentration–response curve to U46619 to the right (Fig. 7). Other drugs possessing the dual property of TXA<sub>2</sub>/PGH<sub>2</sub> receptor antagonist and TXA<sub>2</sub> synthase inhibitor act also as competitive antagonists of U46619-induced aggregation of human platelets [13, 14]. The IC<sub>50</sub> value for TXB<sub>2</sub> formation (Table 1) is generally higher than that for platelet aggregation (Fig. 2) because the antiaggregating effect of NQ-Y15 is due to TXA<sub>2</sub>/PGH<sub>2</sub> receptor blockade as well as

TXA<sub>2</sub> synthase inhibition. Particularly, in collagen (10 μg/mL)-stimulated platelets, NQ-Y15 (10 μM) markedly inhibited aggregation but failed to inhibit TXB2 formation significantly. Studies on collagen-stimulated rat platelets provided the evidence for a substantial role for TXA2 in platelet aggregation. A small but significant amount of TXA2 initially produced by collagen may act as a trigger to provoke subsequent platelet responses (i.e. shape change, aggregation, and secretion) [34]. A series of TXA<sub>2</sub>/PGH<sub>2</sub> receptor antagonists completely suppressed U46619 binding to rat platelets as well as collagen-induced platelet aggregation [53]. Therefore, in collagen (10 μg/mL)-stimulated platelets, NQ-Y15 (10 µM) seems to effectively block the binding of a crucial amount of TXA2 to receptors without having a significant effect on TXA2 synthase activity.

Unlike COX inhibitors, selective TXA<sub>2</sub> synthase inhibitors selectively suppress the formation of TXA<sub>2</sub> and cause a re-orientation of PG endoperoxide metabolism toward antiaggregatory PGs, such as PGD<sub>2</sub> and PGI<sub>2</sub> [8]. However, a part of the accumulated PG endoperoxides may also activate a receptor, shared with TXA<sub>2</sub>, mediating platelet activation and vasoconstriction [8, 9]. Thus, the balance between PGH<sub>2</sub> redirection and activation of TXA<sub>2</sub>/PGH<sub>2</sub> receptors by accumulated PG endoperoxides may influence the net effect of TXA<sub>2</sub> synthase inhibitors to inhibit platelet function *in vivo*. In spite of these limitations, ozagrel (OKY-046), a kind of highly selective TXA<sub>2</sub> synthase inhibitor, has been used in the treatment of asthma in Japan and noted as a therapeutic agent for coronary heart diseases, thromboembolic disorders, and asthma [54–56].

Some drugs that act both as TXA<sub>2</sub> synthase inhibitors and as TXA<sub>2</sub>/PGH<sub>2</sub> receptor antagonists have been developed. Picotamide and ridogrel have already been administered to humans. Both drugs reduce the formation of TXA<sub>2</sub> and increase the levels of PGI<sub>2</sub> and PGD<sub>2</sub>, and competitively inhibit binding and action of TXA<sub>2</sub> and U46619 [13, 14]. Picotamide may be an effective drug in patients with peripheral occlusive arterial disease of the lower limbs [17, 18] and cerebral infarction [19]. Ridogrel seems to have efficacy in patients with peripheral occlusive arterial disease [20], acute myocardial infarction [21], and pregnancy-induced hypertension [22]. Thus, it is conceivable that NQ-Y15 might be particularly effective for the improvement of thrombotic conditions associated with platelet activation.

Based on the results obtained, we conclude that the antiplatelet effect of NQ-Y15 may be due to the combination of  $TXA_2$  synthase inhibition with  $TXA_2/PGH_2$  receptor blockade in a single molecule, which would decrease  $TXA_2$  synthesis and neutralize the stimulatory activity of accumulated  $PGH_2$  and of any residual amounts of  $TXA_2$  still formed.

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